

**Do you have any other questions about the services we offer? Then please don't hesitate to contact us!**

**» GUIDANCE**

Addiction counselling for refugees

**Location:**

Drogennotdienst  
Youth and Addiction Support Centre

Genthiner Strasse 48, 10785 Berlin

U-Bahn: Nollendorfplatz (U1, U2, U3,U4)

U-Bahn: Kurfürstenstrasse (U1)

Bus: M19, M48, M85, 106, 187

Tel.: 030 233 240 200/201

Fax: 030 233 240 212

**Hotline:** 030 19237 – day or night

**Internet:** [www.drogennotdienst.de](http://www.drogennotdienst.de)

**Facebook:** [www.facebook.com/notdienstberlin.de](https://www.facebook.com/notdienstberlin.de)

**Email:** [guidance@notdienstberlin.de](mailto:guidance@notdienstberlin.de)

**Opening hours:**

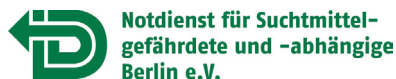
Monday to Friday: 8.30 a.m. to 9.00 p.m.

Weekends/public holidays: 2 p.m. to 9.00 p.m.

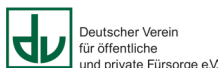
Arabic: Wednesday 12.00 am to 4.00 pm  
Thursday 10.00 am to 6.00 pm

Persian: Monday 10.00 am to 6.00 pm  
Wednesday 10.00 am to 5.00 pm

**» Supported and sponsored by:**



Senatsverwaltung  
für Gesundheit, Pflege  
und Gleichstellung



# GUIDANCE

ADDICTION COUNSELLING  
FOR REFUGEES



GUIDANCE APP



Genthiner Straße 48, 10785 Berlin

This transregional service is aimed at addictive substances consuming people with an immigration history and their relatives. We also advise and train specialized staff members and multipliers who work with refugees. This service will also be provided to people who support refugees voluntarily.

Guidance is culturally sensitive and takes on a case to case individual approach. We offer one-to-one interviews, group settings and early intervention courses with and without language assistance. If requested, individual counselling can also be offered on an anonymous basis.

Our services are offered in collaboration with the Drug Emergency Service (Drogennotdienst), a Berlin-wide information and counselling centre for youth and adults who are addicted or vulnerable to addiction. Our services are offered to you free of charge, regardless of status, and are kept strictly confidential.

#### » We offer:

- Orientation concerning addiction and the health system and assistance developing prospects
- Early intervention and psychoeducation
- Advice and support, with or without an appointment
- Group sessions for adults and minors in different languages
- Immediate support in crisis situations
- Assistance with the application for the assumption of costs for addiction-specific aids
- Assistance finding detoxification and treatment facilities (both out- and inpatient), follow-up care and support groups
- Assistance in finding psychosocial care and/or assisted living as part of a substitution treatment
- Professional consultation, support and training of facilitators working with Refugee aid organisations in matters of addiction

All services are personalised for each of our clients and are coordinated with each other. Any need of services or supplies is adapted promptly and flexibly.

#### » Consultation and information

Consultation with or without an appointment. Outreach counselling at your institution is possible on a short-term basis. When needed, interpreters will be provided. The consultation is free of charge and is subject to the statutory duty of confidentiality pursuant to § 203 of the German Criminal Code (StGB).

#### » Group services in several languages for refugees consuming addictive substances

Our guided group services are directed at clients who would like to change their drug consumption. The groups meet weekly and discuss various thematic units such as information on addiction, group reflection on drug use, group development of change strategies and relapse prevention strategies. Participation is free of charge.

#### » Early intervention

Our group services for early intervention and psychoeducation are directed at all refugees (adults and minors) and can be requested as needed. Information on legal questions (German Narcotics Act – BtmG), substance knowledge and health, self-reflection on consume behaviour, strengthening of protection options and information on the Berlin (drug) support system are all provided interactively. The services are free of charge.

#### » We provide the following types of services

(Depending on immigration status and language ability):

- In-hospital detoxification treatment
- Substitution treatment
- Psychosocial care
- Assisted living
- Psychotherapeutic measures
- Self-help groups in various languages
- Outpatient, day clinic or inpatient addiction treatment