

# EVERYONE IS WELCOME

## Addiction counseling - what we have to offer:

- Help in finding your way in the German health system and support in developing perspectives and solutions
- Early intervention and education focussing the connection between addiction and mental health
- Advice and support with or without an appointment
- Immediate help in situations of crisis
- We help you to apply for coverage of addiction-specific treatment and assistance
- We help to arrange your transfer into different facilities for detox, therapy, post-therapeutic-help and self-help groups
- We help people, who are currently in a medical substitution treatment or are planning to enter one, to arrange their transfer into psychosocial counseling and/or assisted living
- Advice, support and further training of dedicated helpers in the field of refugee-aid and addiction
- Group counseling in different languages

# GUIDANCE

## ADDICTION COUNSELING FOR REFUGEES

Location:

### Drogennotdienst

Genthiner Straße 48 | 10785 Berlin


Bülowstraße 106 | 10783 Berlin

T: 030 233 240 200 | F: 030 233 240 910

**Hotline:** 030 19237 day and night

Mail: [guidance@notdienstberlin.de](mailto:guidance@notdienstberlin.de)

[www.drogennotdienst.de](http://www.drogennotdienst.de)

 [notdienstberlin.de](https://www.facebook.com/notdienstberlin.de)

### opening hours:

Mo. - Fr.: 8:30-21:00 | weekend/holidays 14:00-21:00

Office hours in Arabic: Mo.-Fr.: 10:00 - 17:00

Office hours in Persian: Mo.-Fr.: 10:00 - 17:00

Office hours in Russian: Mo.-Fr.: 10:00 - 17:00

### public transportation:

U-Bahnhof: Nollendorfplatz (U1, U2, U3, U4)

U-Bahnhof: Kurfürstenstraße (U1)

Bus: M19, M48, M85, 106, 187



# GUIDANCE

## ADDICTION COUNSELING FOR REFUGEES





# We



# Our services

**We** arrange and coordinate transfer into the following facilities and services (according to residence-status and language skills)

- detox treatment in the hospital
- substitution treatment at a doctor or medical centre
- psychosocial counseling during a medical-advised substitution-treatment
- assisted living
- psychotherapeutic services
- self-help groups in different languages
- different addiction therapy facilities

Our services are aimed at people with addiction-related problems in connection with an immigrant-background. We also help and support their relatives.

We also advise and train colleagues and other helpers in the field of refugee-aid.

The people of GUIDANCE are trained on cultural sensitivity and counselling based on individual needs.

With one-on-one-counseling, group-counseling and early intervention courses, we can work in a variety of settings and environments, with and without actual translation.

If desired, our counseling can also be conducted anonymously.

GUIDANCE is affiliated with the DROGENNOTDIENST, a Berlin-wide addiction-counseling-center for people of all ages who are at risk of addiction or who already have addiction-related problems. We also support and advise their relatives.

Our services are free of charge. We do our counseling regardless of residential status and are subject to confidentiality.

Our services are cut to the individual needs of our clients and can be adjusted at any given time.

### Advice and information

We provide counseling with and without an appointment. GUIDANCE will provide a translator if needed. Our services are free of charge and subject to confidentiality under German law (§ 203 StGB).

### Group counseling in different languages

Our guided group-counseling-settings are aimed at anyone who is ready for change concerning their addiction. We offer group counseling on a weekly basis with a wide range of addiction-related topics, like the development of change strategies and prevention of relapse, to name a couple. Participation in group counseling is free of charge.